TAKING THE CAKE
an illustrated primer on asexuality
by Maisha
Asexual: a person who does **not** experience sexual attraction

**Asexuality is...**
- Considered a sexual orientation (or lack thereof)
- A community, about 1% of people identify within the asexuality community
- A label

**Asexuality Comes in a Lot of Flavors**

- **AROMANTIC:** Someone who does not experience romantic attraction
- **A.C.E:** Short for asexual, like bi is short for bisexual
- **DEMISEXUAL:** A person who experiences sexual attraction only after forming a strong emotional or intellectual bond with someone, and not at "first sight."
- **GREY ASEXUALITY:** A grey somewhere between sexual and asexual, such as a person who very rarely experiences sexual attraction or ones who did but now don't
- **HETERO-ROMANTIC:** Anomalously attracted to people of the same sex as one's own
- **INDIFFERENT:** Someone who feels pretty much about sex, neither very repulsed or enamored of it
- **REPELLED:** Someone who is repelled by the thought of themselves having sex
- **IN THE BACK ROOM! JUST ASK!**

- **INSIMULCIOUS:** Someone who feels really weird about sex, neither very repulsed nor enamored of it

- **ROMANTICALLY ATTRACTED TO BOTH MEN AND WOMEN:**
Attraction

Attraction is kind of like a recipe. A lot of ingredients go in but it can be hard to tell them apart in the finished product. Some people have more of some ingredients than others.

Asexual people don't have sexual attraction at all.

Attraction

serves: 1

1 cup of aesthetic attraction
1 cup of sensual attraction
1/2 cup of romantic attraction (leave out for aromantic)
1/4 cup of sexual attraction (leave out for asexual)

Aesthetic attraction is finding someone good-looking.
Sensual attraction is a desire to do sensual things, but not necessarily in a sexy or romantic way.
Romantic attraction is a desire to do romantic things with a particular person.
Sexual attraction is the desire to do sexual things with a particular person.

Identity Recipes
Asexuality is not:

- Imaginary
- A Choice
- A Dysfunction
- An Attempt to Be "Special"
- Celibacy
- Lack of a Sex Drive

Although some asexuals are celibate, although some asexuals do not have a sex drive.
**Asexual Symbols**

**Cake** is used to welcome newcomers to AVEN, the Asexuality Visibility & Education Network (an online forum and community, asexuality.org).

I like to think of it this way: cake is just as good - and maybe better than - sex!

The AVEN Triangle represents the spectrum of sexual attraction, with black being asexual (at the bottom) and white being sexual, with shades of grey in between.

\[ 53x + m^3 = \emptyset \]

Can be read as sex + me = no result

A plain black ring on the right middle finger represents asexual.

Some asexuality signs include:

- Blank face
- Arm to face
- A blank finger
- A blank middle finger
- Plus signs

**Asexuality Flag**

- Black stripe represents asexuality
- Grey stripe represents grey asexuality & demisexuality
- White stripe represents sexuality
- Purple stripe represents community

**Aces** represent asexuality because asexuals often call themselves "aces" for short. Ace of hearts and ace of spades are particularly used.
IS ASEXUALITY PART of the LGBTQ COMMUNITY?

Asexuality is often not recognized as real or legitimate, or is framed as a choice or something that can be “cured” or changed. Notice similarities to lesbian, gay, bisexual, trans*, and queer identities?

Asexuals fall outside of heterosexual and (cis)gender norms.

Asexuals often go through a coming out process that includes questioning ourselves, searching for identities and labels that fit, coming to terms with our identities, seeking a community of people with similar experiences, and telling other people who we are.

Asexuality is often left out of classrooms, textbooks, and sex education programs. This exclusion can make us feel alone, invisible, broken, confused, like we don’t exist, like we don’t matter, and like we don’t have futures.

Asexuals are very rarely depicted in the media; representations are often stereotyped.

Not all aces are straight and cisgender! Some of us are queer, homoromantic, biromantic, panromantic, trans*, genderqueer...

Many asexuals do not consider themselves part of the LGBTQ community, but many do. There is no simple yes or no answer and no one, monolithic LGBTQ community.

RESPECT INDIVIDUAL IDENTITIES

Some LGBTQ folks don’t think asexuality should be included as LGBTQ. These folks may believe that asexuality is not an orientation is the same as slut-shaming is not oppressed or discriminated against can “pass” as heterosexuality betrays the LGBTQ mission to have sex their way.
You're probably just repressed.

But EVERYONE wants sex!

You just haven't met the right person yet.

So what you're saying is that you're gay, you just don't want to admit it.

You're making that up for attention.

So you've NEVER had sex EVER?

So is it because of your mental disorder?

Don't worry, it's just a phase.*

You are just too UGLY to get a date.

How do you know if you've never tried it?

MYTHS and other ignorant things people say to asexual people

*Although asexuality may be temporary for some asexuals, the term "phase" is often used to discredit very real feelings. Just because something is impermanent does not mean it's not or never was legitimate.
TIPS for SEXUALS DATING ASEXUALS

~YOUR PARTNER'S ASEXUALITY is not a reflection of a "failure" on your part to "make" them be sexually attracted to you. You also can't "make" them be sexual. But you can...
~UNDERSTAND that you might not understand each other's different sexualities but talk about it often, and talk to other people about it when it's appropriate. You both need supportive listeners!
~ENCOURAGE your partner to connect with an asexual community.
~CONSENT and OPEN COMMUNICATION are key to an awesome relationship - talk about what sex means for both of you, what you feel like you need in order to be with the other person, and most importantly, be HONEST about what you need and be willing to compromise - but know when you can and can't compromise.
~JUST BECAUSE YOUR PARTNER isn't sexually attracted to you doesn't mean you're not a SEXY BEAST. Your partner's attraction to you isn't indicative of how the world sees you. Appreciate and recognize ways that your partner feels closest to you, which is likely to be nonsexually.
~READ and TALK about asexuality and find good resources to be a great partner and ally.
HOW to BE an ALLY to ASEXUALS

1. Listen and believe us!
   Everyone is the expert of their own experience.

2. Educate yourself about asexuality.
   Lots of resources exist. Use them!

3. Ask before asking.
   Not all asexuals want to be your asexuality encyclopedia.
   Make sure an asexual is open to questions before asking.

4. Advocate for asexual visibility.
   Asexuality gets left out a lot. Include it!
   Support projects that make asexuality visible.

5. Move up, move back.
   Know when to talk about asexuality and when to listen to asexual voices.
about the zinemaker

Hullo! My name is Maisha.

In the spirit of responsible sociological methodology, I believe transparency about my subject position is very important. I am by no means an authority on asexuality, nor should this zine be viewed as the final word on or ultimate guide to asexuality. I definitely didn't cover everything about asexuality in 10 pages, and I may have even goofed some stuff up. I'm human and my work is colored (though it be in black and white) by my perspective and experiences.

- age: 23
  at the time of this writing, I am not a vampire and I do age.
- location: Portland, OR
- assorted identity tags:
  asexual, queer, cisgender, white, able-bodied, femme-ish, female

GRAB BAG: social justice, tea, dinosaurs, kids, crafts, webcomics, chocolate, bicycling, singing along very badly, vegetarian cooking, gardening, communing with tomatoes

OTHER WORKS of the ILLUSTRATED SORT
- Sex Talk: a comic about communication, consent, & gettin' it on online at tinyurl.com/sextalkcomic
- Lifelines (an autobio webcomic that updates at random) tinyurl.com/maishacomic

this zine was produced in 2012. Alter, excerpt, copy, & distribute at will!
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