



Dating Bill of Rights

I have the right

- To ask for a date
- To refuse a date
- To suggest activities
- To refuse any activities, even if my date is excited about them
- To have my own feelings and be able to express them
- To say I think my partner's information is wrong or their actions are unfair or inappropriate
- To ask someone not to interrupt me
- To have my limits and values respected
- To inform my partner when I need affection
- To stand up for myself
- To be heard
- To refuse to lend money
- To refuse affection
- To refuse sex any time for any reason with anyone
- To have friends and space aside from my partner(s)
- To have time for myself
- To grow as an individual

I have the responsibility

- To determine my limits and values
- To respect the limits of others
- To communicate clearly and honestly
- To ask for help when I need it
- To be considerate
- To abide by agreed-upon sexual health practices
- To check my actions/decisions to determine if they are good for me or bad for me
- To set goals
- To advocate for myself

Updated 3/2019. Adapted from "Dating Bill of Rights." Gender and Sexuality Center at the University of Texas at Austin. www.utgsc.com. <http://ddce.utexas.edu/genderandsexuality/wp-content/uploads/2012/10/Dating-Bill-of-Rights.pdf>

Adapted from information from Safe Place. 267-SAFE www.austin-safeplace.org

